

2025 benefit changes

Tufts Health Plan SCO

The following benefit changes apply to Tufts Health Plan Senior Care Options (SCO) members and are effective for dates of service on or after **Jan. 1, 2025**, upon the plan's effective or renewal date:

Summary of Benefit Changes

- The following services will require referral:
 - Cardiac rehabilitation services
 - Medicare-covered dental services
 - Home health agency care
 - Pulmonary rehabilitation services
 - Supervised Exercise Therapy (SET) for Peripheral Artery Disease (PAD)
- The following services will no longer require referral:
 - Outpatient behavioral health care (no referral to see a psychiatrist)
- Please refer to the article titled "New prior authorizations for Senior Products in 2025" in the [November issue of Point32Health's provider newsletter](#) for details regarding services that will newly require prior authorization starting Jan. 1, 2025.
- New fall prevention assessment benefit with PT/OT evaluation and intervention up to four times a year for members who are not homebound.

Please note that this is only a summary of benefit changes. Before services are rendered, providers are reminded to check member benefits and cost-share amounts using [Tufts Health Plan's secure Provider portal](#) or other self-service tools, even for members seen on a regular basis.